

MAKING MUSIC REPORT 2017

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Programme delivered September 2016-November 2017

Since September 2016 the *Making Music* programme has taken place every first Thursday of the month for 1 hour (3-4pm) thanks to professional musicians, Fontaine Lang and Jack Benjamin and Roger Monk.

This is a program for children and young people and its purpose is to show how Music can reduce stress and contribute to their wellbeing. It has been kindly funded by The Lord Leonard and Lady Estelle Wolfson Foundation.

According to the number of attendees, the session sometimes has been split between the children's wards as well as at the bedside.

Total number of adults attending: 42 (parents or carers/families)

Total number of children attending: 48

This averages out at around 6 people attending each monthly session, 3 children and 3 adults.

This report provides an update on the key themes of customer feedback received during 2016/17 through our feedback forms. People shared their thoughts and/or if they noticed any change in the children during the music session.

Since December 2016 we have received 19 feedback forms completed by adults and 20 completed by children. It is not always possible to receive the feedback forms from the children due to nursing intervention, and available staff to assist.

Comments received:

"Huge change! Lily was having her IV antibiotics. She was moody, quiet and tired. By the end of the session she was smiling, talking and laughing! Thank you!"

"It's ideal to have this at least twice a week."

"My daughter has an operation today and she is quite anxious...the music session was such a blessing as she loves to sing..."

“... engages in a way she hasn’t before. It’s a bit of a lazy day and it’s the most energetic I’ve seen my daughter.”

Facilitator’s Comments:

“...the patients seemed to be a lot more communicate and in higher spirits by the end of the session. They also seemed to be more confident with singing and playing the percussions instruments by the end of the session. I think that these sessions are working very well in building confidence and creativity in the children.”

“... Fontaine sang beautifully and played a variety of tunes on her harp in two locations – the playroom and Jungle Ward. Patients, parents, visitors and staff were all in awe of her amazing musicality and jolly songs. The children were keen to interact with Fontaine and enjoyed the sound and stimulus of the harp. Fontaine is an excellent communicator and engaged with many parents and children of different ages and abilities. She toured the room and tailored her music to the needs and requests of the children, making them feel uplifted and special. Many parents expressed their thanks and mentioned how the session was a pleasant and happy distraction for the children who were awaiting operations. The activity is not only a blessing for the children and parents, but staff were also delighted with the patient support in their busy hospital environment.”

Conclusions:

The programme is working really well. People have shared excellent feedback about our artists and commented on how much happier the children seem afterwards the music session. The children become very involved with the music.

The big challenge is that it’s impossible to predict the number of people attending the session. This is why maybe we should consider and search for new spaces where to deliver the music session in case of no attendees.

Below is the feedback template delivered to the adults and the children at the end of each music session.

St. George’s Hospital Live Arts program offer a huge thanks and are very grateful to The Lord Leonard and Lady Estelle Wolfson Foundation for enabling this project to be delivered to children staying in the hospital.

Feedback Form

Making Music



Date:

Musician's name:

Are you a Parent/ Carer / Staff / Musician?

How would you rate this session?

1 2 3 4 5

Poor Fantastic

Did you notice any change in the patient?

Any further suggestion?

Number of participants:

Feedback Form (children)

Making Music



Date:

Musician's name:

How do you feel **BEFORE** the session?



How do you feel **AFTER** the session?

